KENTUCKY COMMISSION ON SERVICES AND SUPPORTS FOR INDIVIDUALS WITH INTELLECTUAL AND OTHER DEVELOPMENTAL DISABILITIES

December 20, 2012 Fair Oaks, 4th Floor Frankfort, Kentucky

MEMBERS PRESENT

Commissioner Stephen Hall Harold Kleinert

Deputy Commissioner Betsy Dunnigan

Michael Cornwall for Commissioner Neville Wise

Pat Seybold William Shaw
Cathy Edwards Clyde Lang
Steve Zaricki Patty Dempsey
Gwynn Royster Steve Shannon

David Matheis for David Beach
Malkanthie McCormick
Representative Jimmie Lee
Glenna Taylor (via phone)

MEMBERS ABSENT

Linda Sandidge Representative Carl Rollins

Senator Tom Buford Anne Montgomery

Senator Julie Denton Deputy Secretary Eric Friedlander

Steve Hendrick Cherry Lolley

OPENING REMARKS

Deputy Commissioner Betsy Dunnigan opened the meeting by thanking the members of the Commission for their attendance and participation.

REVIEW OF MINUTES

The minutes of the meeting were approved with no changes.

SUBCOMMITTEE REPORTS

Participant Direction: On Thursday December 20, 2012 before the HB 144 meeting this group met. This group wants to focus on the use of psychotropic meds. The group expressed interest in finding a way to educate the participants about new SCL waiver services and the self-direction component so that they knew about the options available to them under the new regulations. They also expressed interest in conducting a survey to see what information is shared with SCL participants about CDO currently as only a small portion of SCL participant's currently utilize CDO services. The group also indicated that it was difficult to make some plans as specifics

concerning how PDS will work on a detailed level are still under works, in particular with regards to the FMS vendor who handles timesheets and payroll for PDS employees.

Community Integration

Steve Shannon and Pat Seybold discussed the progress of the subcommittee. On November 13th from 10:00am to 11: 00am in Large A at Fair Oaks, the HB144 Community Integration Committee met. In January 2013 this group will continue their community forums. The purpose of the meetings are to gather feedback from individuals, advocates and providers in this region of the state regarding their perceptions of community integration and the barriers that they see and experience in maximizing the potential for full inclusion in the community. The next will tentatively be in Ashland the Thursday after Martin Luther King Day.

Health and Wellness:

This committee met on November 27th 1:00 – 3:00 in the 4th Floor DBHDID, Small Conference Room. Harold Kleinert distributed a handout containing statistics regarding wellness percentages of DDID individuals who are overweight and obese. Other stats discussed include percentages of DDID individuals who engaged in 30 minutes of moderate activity and compared those living in community based settings, individual homes, and parent's homes. Harold Kleinert discussed the partnership between University of Illinois-Chicago on a peer to peer health messages pilot. Currently there are 19 agencies and 20 teams who are focusing on both exercise and nutrition. Pilot will be completed in early spring. If successful, this program will go statewide. The meeting concluded with a thorough discussion, the committee decided that the best way to attack the wellness/nutrition problems in KY is to first survey the SCL agencies questioning them about healthy choices regarding nutrition and exercise. Carol Baker and Herald Kleinert will be building the survey via survey monkey. Carol will then send to committee members for edits.

- --Commissioner Hall asked for specific recommendations on nutrition.
- -- Next focus will be on medications
- --Pat Seybold commented that SCL's are not prisons and that we cannot dictate what people eat
- --Question was posed, "Do we track BMI etc. in SCL's?"
- --Pat Seybold cautioned about dictating what people eat
- -- Malkanthie McCormick would like to see data on obesity, death, diabetes, and etc. for individuals who left facilities.
- --Glenna Taylor asked, "Can the waiver pay for a gym membership?"
- --Pat Seybold commented that not everyone joins gyms, there are natural supports and other options for exercise that do not require funding.

SEE UPDATES Attached

MEDICAID UPDATES

The following statistics were reported.

Money Follows the Person/Kentucky Transitions:

- Updated Numbers as of December 18, 2012
 - o Total transitions since the beginning of the program: 401
 - o Elderly: 110
 - o Physically Disabled: 96
 - o Brain Injury: 47
 - o IDD: 148
 - o 160 currently in the transition process
 - 972 ineligible or declined (failed to meet eligibility criteria, care needs exceed services available in the community, individual or guardian changed their mind, health needs changed.

Waiver Submissions:

• SCL Waiver- Amendment to add slots approved for funding in the 2012-14 biennium (300) budget submitted September 5, 2012.

As of December 1, 2012 per Carewise Report

- o ABI Acute-200
- ABI Long Term Care- 227 (includes MFP members who have transitioned to this waiver)
- o HCB-9,602
- Model II Waiver-23
- o Michelle P-8,210
- o SCL-3.731

PUBLIC COMMENTS

Carol Mueller concerned about adult abuse bill, Commissioner Hall asked to increase awareness of how other states address due process, Chairman Tilly looking into this.

With adults there is no federal authority as there is with children's registry.

Meeting Adjourned